

## 24-48 HOURS PRIOR TO SESSION

- Exfoliate. Exfoliate. Exfoliate.

We cannot overstate the importance of pre-session exfoliation. 24-hours prior to your appointment, clear away any dry, dead skin cells with a pH balancing scrub such as Norvell®

**Renewing Sunless Exfoliator™**. For extreme areas use a deep exfoliator such as **Intensive Detox Salt Scrub™**, no less than 24-hours prior to your session.

- Protect Your Skin's pH Levels.

Avoid using bar soaps, high pH shower products, or in shower moisturizers. These products can neutralize the DHA bronzing reaction within the skin.

- Hair Removal.

Any depilatory creams, waxing or shaving should be completed 24-hours prior to your session.

## DAY OF SESSION

Don't Create Sunless Barriers.

Avoid applying anything to the skin that may act as a barrier between the sunless solution and the skin. Deep penetration of the solution is key to beautiful lasting color. Do not apply lotions, creams, or perfumes prior to session. Use deodorant sparingly.

- Remove any make-up prior to the sunless application.
- Arrive Prepared.

Wear loose fitting dark colored clothing and remove jewelry. Tight clothing can rub or smear bronzers, especially around the knees, elbows, chest and waist.

## IMMEDIATELY PRIOR TO SESSION

- Optimize pH Levels.

Apply Norvell® **Pre Sunless pH Balancing xLaTan™** spray to stabilize the skin's pH level as well as to provide a quick surge of moisture within the skin. Having the proper skin pH boosts DHA development, speeding result times and resulting in a deeper, darker tan. Having a stable skin pH combats the dreaded "orange effect".

- Forget to exfoliate? Pressed for time?

We recommend using our **eXmitt® Pre-tan Body Buff** to instantly clear away any dead skin cells, clean the skin of any barriers, and balance the pH level of the skin's surface. Infused with our proprietary pH balancing formula, the eXmitt® is designed to gently exfoliate and buff the skin while accelerating DHA color development without the need for water.

## AFTER SESSION CARE

- "Once dry, apply HydroFirm'M to add moisture, seal sunless results and boost the DHA reaction.
- You should refrain from showering as long as possible (up to 24-hours). As with all DHA products, sunless color begins showing development approx. 4-hours after application and continues to darken for up to 24-hours. If you must shower during the 4 to 24-hours following the application, WARM WATER RINSE ONLY. The use of soap can inhibit the full development of DHA color. Important: Cosmetic instant Bronzers will wash away during the first shower. Pools and spas that utilize chlorine can cause fading.
- When showering after 24-hours, use only a mild pH balancing shower gel such as pH Balancing Shower Cleanser". Refrain from using scrubs or high pH soaps as these will strip away your sunless color.
- Extend and build color between sessions with a daily application of **Color Extending Pro-Long moisturizer**. Need Touch-ups? Use "**4-faces**" or any other Norvell® self-tanning product between full