

## How should I prepare for my session?

Up to 24 hours before your session, we recommend using a mild body polish such as **Norvell's Renewing Sunless Exfoliator™**. Any heavy exfoliation or oily scrubs should not be used 24 – 48 hours before your session.

If you forget to exfoliate, the **Norvell® eXmitt®** can provide a light exfoliation that can be done right before your session, with no rinsing required. Shaving and waxing should also be done at least 24 hours in advance.

For best sunless results the skin should be clean of any barriers like moisturizer, sweat, perfume and makeup. You should use deodorant sparingly.

Hair Caps may be worn to protect blonde or grey hair, but is not necessary for darker hair, as any small amounts that may get in the hair will wash out. You may also use **Norvell® Neat Feet™** foot protectors and **Norvell® Neat Hands™** hand protectors to shield the bottoms of your feet and the palms of your hands from sunless solution.

## Should I choose level 1, 2, or 3 for my spray tan?

You should choose a level based on how dark you would like your sunless tan to be:

- **Level 1:** great for fair skin tones and those who are seeking a 'natural glow'.
- **Level 2:** creates a darker tan, suitable for all skin tones.
- **Level 3:** for those seeking the darkest sunless tan.

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[www.NorvellSunless.com](http://www.NorvellSunless.com)

## Will a sunless tan provide me with sun protection?

No. DHA does not build melanin in the skin as a sun tan does. DHA works with the amino acids and body oils found in the outer layer of skin to turn them tan. It is important to use an SPF when going outside to protect the skin from the sun's rays.

## Does the spray solution have a bad smell?

All Norvell® Sunless Spray Solutions are designed with special fragrances containing **Odor Encapsulation Molecules** that 'trap' and minimize common sunless smell.

## What is the difference between 'bronzer' and 'no bronzer/clear' sprays?

Your salon may offer a choice between 'bronzer' and 'no bronzer' spray application:

**Bronzer:** Temporary Cosmetic Bronzers provide and immediate tan color while your *DHA sunless tan is developing*. Your actual sunless tan will darken over the next 24 hours. You will see the temporary cosmetic color washing off your body during your first shower. This is completely normal. Your actual developed sunless tan will not wash away, though it may appear slightly lighter in color after cosmetic bronzers are removed from the skin.

*Special Note:* Temporary cosmetic bronzers may rub off on light colored clothing and furnishings, but typically wash out of most items.

**Clear or 'No Bronzer':** Though you will not see any immediate cosmetic color, your sunless tan will begin to darken within 1 to 2 hours, and will continue to do so up to 24 hours.

## Do I need to towel off or rub the tanning solution into my skin after the session?

No. The spray tan solution will not drip or run on the body. There is virtually no stickiness or dry time once your session is complete.

## How long will my spray tan last?

On average your tan should **last up to 5-7 days**. There are many factors that determine this length including how you prepare your skin and care for your skin after your tan.

## How long should I wait to shower?

For your first shower, we recommend a warm (not hot) water rinse only – no soap. You may shower as soon as 4 hours; however, for best results we recommend waiting 8 to 24 hours. Showering prematurely may result in a lighter tan. The active sunless ingredient, DHA, continues to work with your skin for up to 24 hours. Waiting longer will give you a deeper, longer lasting sunless tan.

## How should I care for my tan after my session?

Wear dark, loose fitting clothing until your first shower when you wash the cosmetic bronzers off your skin. Avoid any water related activities such as: sweating, working out, showering, swimming, saunas, rain, massages, pedicures, manicures.

Long soaks in any body of water can prematurely fade your tan. Keep skin thoroughly moisturized after your first shower, and throughout the life of your tan. Using a tan extending lotion such as **Norvell® Prolong™** will keep your sunless color looking fresh and vibrant.